

CONDENSED PROGRAMME DUE TO COVID RESTRICTIONS

Please note that some sessions have been cancelled and this is the most up-to-date version

Transformations: adapting and developing our practice and
roles within today's NHS

18th – 21st January 20201

A BADth NHS sub-committee sharing practice event

Monday 18th January

16:00 – 17:00

Lucy Marsh

"Zoom"ing in to eating disorders; working online in the NHS

Chair: Clare Hubbard

Presentation exploring working in the NHS in this specialist field, and how the shift to online therapy has impacted the work. Lucy will reflect on how creativity has been a connecting and grounding resource in this difficult year, with a challenging and risky client group.

Lucy is a Dramatherapist, qualified in 2016. She specialises working in community eating disorders services both in the NHS and privately.

Tuesday 19th January

16:00 - 17:00

Cecilia Bissessur*

A Virtual Psychosis Group

Chair: Sarah Glickman

Cecilia trained at Roehampton and has worked as a Dramatherapist with Sussex Partnership NHS Foundation Trust since 2010. She works one day with the acute Dementia inpatient unit team and the other two with the community Assessment and Treatment team in secondary mental health services. She offers group and individual therapy as well as reflective practice and case formulation for the teams.

Since the pandemic Cecilia has been adapting her work so that it can be offered virtually within community services.

**Due to illness CLARE HUBBARD, NHS Subcommittee Convenor will now be delivering this session.*

Wednesday 20th January

18:00 - 19:30

Sam Adams and Sarah Glickman

Let's talk... about Blackness and Whiteness within the NHS

Chair: Sarah Power

A danger is present that I may be misunderstood, misinterpreted, not believed, or confirm some false archaic belief about Black people and cast further shadow on the Black experience.

Sam Adams, Being with Black, 2020

In her recent research paper, based on her one woman show with her mother's original Windrush Generation suitcase, Sam shared her lived experience of generational trauma connected to historic, present day, and systemic institutional racism. Having begun her practice as a Dramatherapist on an acute forensics ward for men within the NHS, Sam now works in the community with women at risk of mental ill health and the criminal justice system. In this dialogue between friends, having trained together at the University of Roehampton where Sam now also teaches, Sam and Sarah Glickman (Senior Dramatherapist within the NHS) converse about race, the NHS, institutions, and the necessity of being uncomfortable in this conversation.

Thursday 21st January

18:00 – 19:30

Virtual Staff Room – Joining all points of the UK

A space to come together

Chair: Clare Hubbard

Since Covid 19 we have held regular support groups for Dramatherapists to get together. Unhindered by the usual geographical barriers people have come together regularly. During the conference we invite people from all corners of this (currently) United Kingdom to share their experiences and ideas and find peer support during this challenging time.